



## PRIVATE SERVICES

### What services are available?

Focused psychological strategies via private sessions, or Medicare Rebated sessions (Better Access), for adults and children with mild to moderate mental health disorders. Fees apply for both services, contact HealthWISE for current fee structure.

### Who can access the service?

- Better Access - Adults and children with a referral from their GP and a Mental Health Treatment Plan can access up to 6 sessions, and an additional 4 sessions after a review from the GP. Partial Medicare rebate available.
- Private sessions – self referred individuals or couples.

### How are the services accessed?

- Better Access - GP faxes referral to the HealthWISE central intake number **1300 452 059** or sends via Medical Objects: **HEALTHWISE, Mental Health**
- Private sessions – contact HealthWISE on 02 6766 1394
- HealthWISE will contact clients for appointments and fee structure

### How is support provided?

Support can be provided via face to face consultations, phone consultations, or Telehealth platforms such as Skype.

### Service Locations

These services are currently offered in Armidale, Barraba, Glen Innes, Gunnedah, Inverell, Manilla, Narrabri, Quirindi, Tamworth, and Walcha.

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