



Programs & Services Guide

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| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|---|--|--|---|--|
| ARMIDALE | | | | |
| Healthy Communities | | | | |
| <p>Integrated Team Care <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> <p>This a joint partnership program, clients may receive support from either HealthWISE staff or Armajun Health Service staff, depending on the clients' preferred GP practice.</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer, however all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Armidale Phone: 02 6771 1146 Fax: 02 6771 1170</p> |
| <p>Ezidkhan Care Navigation <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Ezidkhan Care Navigation is a free service aimed at assisting humanitarian entrants from the Ezidi community.</p> <p>The service will provide targeted assistance to clients facing barriers in understanding and navigating the Australian health care system and will work to empower clients by building capacity and developing self-management skills.</p> <p>This is not a clinical service. Our lived experience care navigators work directly with the clients.</p> | <p>Identify as Ezidi. Have arrived under the Humanitarian Settlement Program and settled in Armidale.</p> | <p>GP referral. GP health summary. Your patient can self-refer, however a GP referral is required before care navigation services can be provided.</p> | <p>HealthWISE Armidale Phone: 02 6771 1146 Fax: 02 6771 1170 Email: cnarmidale@healthwise.org.au</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|---|--|--|--|
| Priority Allied Health Services (PAHS) <i>(Funded by Hunter New England Central Coast Primary Health Network)</i> | Dietetics | Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service. Patients are only eligible for one PAHS referral per service in a 12-month period. NOTE: If your patient does not satisfy one of these criteria, please refer using MBS or private referral. | Priority Allied Health Services referral form. Referrals can be accepted from GPs, allied health professionals and practice nurses. Referral letters from Medical Director and/or Best Practice are accepted, notation must be made that the referral is under PAHS and include the patient's consent to share personal information between providers. | Dietetics – HealthWISE Phone: 02 6771 1146 |
| | Exercise Physiology | | | Exercise Physiology – Rural Fit Phone: 02 6765 9866 |
| | Physiotherapy | | | Physiotherapy – New England Physiotherapy Phone: 02 6771 2177 |
| | Podiatry | | | Podiatry – Armidale Foot Clinic Phone: 02 5776 2971 |
| Dietetics <i>(Fee for Service)</i> | Service based in Armidale. | All patients accepted. Fees apply. | No referral required for full fee-paying clients. Private health insurance rebates apply for eligible clients. Referrals accepted for MBS item number 10954 (CDM). | HealthWISE Armidale Phone: 02 6771 1146 Fax: 02 6771 1170 Email: alliedhealth@healthwise.org.au |
| Medical Specialist Outreach Services | Dermatology services visiting monthly. | All patients accepted. Fees may apply. | GP referral. | Dr Gerrie Becker New England Consultant Specialists Phone: 02 6651 7000 |
| | Podiatrist services visiting monthly at Armajun Health Services. | Identify as Aboriginal and/or Torres Strait Islander. Have a diagnosed, eligible chronic disease. | GP referral. Aboriginal Health Practitioner/ Worker referral. | Bookings directly through Armajun Health Services Phone: 02 6772 5258 |
| Wellbeing | | | | |
| Aftercare Suicide Prevention Initiative <i>(Funded by Hunter New England Central Coast Primary Health Network)</i> | Provides person-centred psychological support to individuals and families affected by suicide, focused on reducing suicide risk and helping patients cope with the long-term emotional impact. The program offers strength-based strategies and one-on-one | Patients and families affected by suicide. | For patients discharged after suicidal behaviour: A GP referral letter and a copy of their discharge papers is required. These can be faxed to 1300 452 059 or emailed to mentalhealth@healthwise.org.au . A Mental Health Treatment Plan is NOT necessary. | HealthWISE Armidale Phone: 1800 931 137 Email: mentalhealth@healthwise.org.au |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|--|--|--|--|
| | <p>psychological care, helping patients manage their mental health following a suicidal event or the loss of a loved one.</p> | | <p>For family members or spouses: Self-referrals are accepted via phone on 1800 931 540.</p> | |
| <p>Priority Populations - Mental Health</p> | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older people (over 65 or over 55 for First Nations), LGBTI people, people with disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members.</p> <p>People at risk of, or who have inflicted, self-harm, attempted suicide or who have suicidal ideation and can be appropriately managed in a primary health care setting.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |
| <p>Clinical Care Coordination - Mental Health</p> | <p>Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities.</p> <p>This program provides clinical care services while liaising closely with family and carers and improving links to other health professionals and clinical service providers.</p> <p>The service includes regular monitoring of the patients' mental health state and provides information on physical health care where appropriate.</p> | <p>The person must have been to hospital at least once for treatment of mental illness or be at risk of needing hospitalisation in the future without appropriate treatment and care.</p> <p>First Nations people, people from culturally and linguistically diverse backgrounds, LGBTI people, people with intellectual disabilities who have co-occurring mental illness and barriers receiving appropriate mental health treatment, women with perinatal</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|---|--|--|--|--|
| | | <p>depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | | |
| <h2>ASHFORD</h2> | | | | |
| <h3>Healthy Communities</h3> | | | | |
| <p>Priority Allied Health Services (PAHS) <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Healthy Ageing Group Class</p> | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> | <p>Self-referral.</p> | <p>Vital Health Inverell Phone: 02 6721 4412 Fax: 02 6721 3380</p> |
| <p>Integrated Team Care <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> <p>This a joint partnership program, clients may receive support from either HealthWISE staff or Armajun Health Service staff, depending on the clients' preferred GP practice.</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer however all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Inverell Phone: 02 6721 4117 Fax: 02 6721 4118</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|--|--|--|--|
| BARRABA | | | | |
| Healthy Communities | | | | |
| <p>Integrated Team Care</p> <p><i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer however all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Tamworth Phone: 02 6766 1394 Fax: 02 6766 1372</p> |
| <p>Priority Allied Health Services (PAHS)</p> <p><i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Dietetics (Narrabri)</p> <hr/> <p>Exercise Physiology (Moree)</p> <hr/> <p>Podiatry (Tamworth)</p> <hr/> <p>Healthy Ageing Group (Moree)</p> | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> <hr/> <p>Health care card holders. Pensioners.</p> | <p>Priority Allied Health Services referral form.</p> <p>Referrals can be accepted from GPs, allied health professionals and practice nurses. Referral letters from Medical Director and/or Best Practice are accepted, notation must be made that the referral is under PAHS and include the patient's consent to share personal information between providers.</p> <hr/> <p>Self-referral</p> | <p>Dietetics – HealthWISE Phone: 02 6792 5514</p> <hr/> <p>Exercise Physiology – ReHealth Dale Hartin Phone: 0427 050 485</p> <hr/> <p>Podiatry – Tamworth Podiatry Centre Phone: 02 6766 3314</p> <hr/> <p>ReHealth – Dale Hartin Phone: 0427 050 485 Fax: 02 6752 6044</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|---|---|---|--|
| Wellbeing | | | | |
| <p>Indigenous Mental Health <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Care coordination and peer support for First Nations people experiencing mental ill health.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Patients experiencing mild, moderate or complex mental illness.</p> | <p>Self-referral. GP referral. Allied health or other health professional referral.</p> | <p>HealthWISE Tamworth Phone: 02 6766 1394 Fax: 02 6766 1372</p> |
| <p>Aftercare Suicide Prevention Initiative <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Provides person-centred psychological support to individuals and families affected by suicide, focused on reducing suicide risk and helping patients cope with the long-term emotional impact.</p> <p>The program offers strength-based strategies and one-on-one psychological care, helping patients manage their mental health following a suicidal event or the loss of a loved one.</p> | <p>Patients and families affected by suicide.</p> | <p>For patients discharged after suicidal behaviour: A GP referral letter and a copy of their discharge papers is required. These can be faxed to 1300 452 059 or emailed to mentalhealth@healthwise.org.au.</p> <p>A Mental Health Treatment Plan is NOT necessary.</p> <p>For family members or spouses: Self-referrals are accepted via phone on 1800 931 540.</p> | <p>HealthWISE Tamworth Phone: 1800 931 137 Email: mentalhealth@healthwise.org.au</p> |
| <p>Priority Populations</p> | <p>Provides psychological therapy to those who are living with mental illness and would benefit from short term psychological treatment intervention and are able to be appropriately managed in the primary mental health care setting.</p> | | <p>Referrals, including a Mental Health Treatment Plan (MHTP) MUST be submitted via the Statewide Intake and Assessment Hub. Referral is required from a GP, paediatrician, psychiatrist or maternal/ child health nurse.</p> <p>A Mental Health Treatment Plan (MHTP) is required with the referral.</p> | <p>HealthWISE Mental Health Team Phone: 1800 931 137 Email: mentalhealth@healthwise.org.au</p> |
| <p>Clinical Care Coordination</p> | <p>Provides support to people who have a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities which significantly impact their social, personal and work life.</p> <p>Patients must have been to hospital at least once for treatment of their mental illness or are at risk of needing hospitalisation in the future if</p> | | <p>Referrals, including a Mental Health Treatment Plan (MHTP) MUST be submitted via the Statewide Intake and Assessment Hub.</p> <p>Referral is required from a GP, paediatrician, psychiatrist or maternal/ child health nurse.</p> <p>A Mental Health Treatment Plan (MHTP) is required with the referral.</p> | <p>HealthWISE Mental Health Team Phone: 1800 931 137 Email: mentalhealth@healthwise.org.au</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|--|--|--|---|
| | <p>appropriate treatment and care is not provided.</p> <p>This program incorporates psychosocial support, including</p> | | | |
| BINGARA | | | | |
| Healthy Communities | | | | |
| <p>Integrated Team Care</p> <p><i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer however all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Narrabri Phone: 02 6792 5514 Fax: 02 6792 5518</p> |
| <p>Priority Allied Health Services (PAHS)</p> <p><i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Dietetics (Narrabri)</p> <hr/> <p>Exercise Physiology (Moree)</p> <hr/> <p>Podiatry (Inverell)</p> | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> | <p>Priority Allied Health Services referral form.</p> <p>Referrals can be accepted from GPs, allied health professionals and practice nurses. Referral letters from Medical Director and/or Best Practice are accepted, notation must be made that the referral is under PAHS and include the patient's consent to</p> | <p>Dietetics – HealthWISE Sophie Cann Phone: 02 6792 5514</p> <hr/> <p>Exercise Physiology – ReHealth Dale Hartin Phone: 0427 050 485</p> <hr/> <p>Podiatry – Old Boots Podiatry Inverell Dezi Wilson</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|---|--|--|--|--|
| | | | share personal information between providers. | Phone: 0456 766 398 |
| Wellbeing | | | | |
| <p>Indigenous Mental Health <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | Care coordination and peer support for First Nations people experiencing mental ill health. | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Patients experiencing mild, moderate or complex mental illness.</p> | <p>Self-referral. GP referral. Allied health or other health professional referral.</p> | <p>HealthWISE Tamworth Phone: 02 6766 1394 Fax: 02 6766 1372</p> |
| <p>Priority Populations -Mental Health</p> | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older people (over 65 or over 55 for First Nations), LGBTI people, people with disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members.</p> <p>People at risk of, or who have inflicted, self-harm, attempted suicide or who have suicidal ideation and can be appropriately managed in a primary health care setting.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |
| <p>Clinical Care Coordination - Mental Health</p> | <p>Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities.</p> <p>This program provides clinical care services while liaising closely with family and carers and improving links</p> | <p>The person must have been to hospital at least once for treatment of mental illness or be at risk of needing hospitalisation in the future without appropriate treatment and care.</p> <p>First Nations people, people from culturally and</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|-----------------|--|--|-----------------------|-----------------|
| | <p>to other health professionals and clinical service providers.</p> <p>The service includes regular monitoring of the patients' mental health state and provides information on physical health care where appropriate.</p> | <p>linguistically diverse backgrounds, LGBTI people, people with intellectual disabilities who have co-occurring mental illness and barriers receiving appropriate mental health treatment, women with perinatal depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | | |

BOGGABRI

Healthy Communities

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|--|--|--|--|--|
| <p>Integrated Team Care</p> <p><i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer however all of the above information is required at the time of signing the consent form.</p> | <p>HealthWISE Gunnedah Phone: 02 6742 3633 Fax: 02 6742 3699</p> |
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| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|---|--|--|---|--|
| | | | HealthWISE can work with your patient to complete the necessary paperwork. | |
| <p>Priority Allied Health Services (PAHS) <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | Exercise Physiology (Gunnedah) | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> | Priority Allied Health Services referral form. | Exercise Physiology – Rural Fit Phone: 02 6765 9866 |
| | Occupational Therapy | | Referrals can be accepted from GPs, allied health professionals and practice nurses. | Occupational Therapy – Jodie Maunder Phone: 0457 434 519 |
| | Physiotherapy (Gunnedah) | | Referral letters from Medical Director and/or Best Practice are accepted, notation must be made that the referral is under PAHS and include the patient's consent to share personal information between providers. | Physiotherapy – Bernadette McEvoy Phone: 0427 424 462 |
| | Podiatry (Gunnedah) | | | Podiatry – PK Podiatry Phone: 02 6742 4268 |
| BOOMI | | | | |
| Healthy Communities | | | | |
| <p>Integrated Team Care <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer however all of the above information is required at the time of signing the consent form. HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Narrabri Phone: (02) 6792 5514 Fax: (02) 6792 5518</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|---|---|--|---|---|
| Wellbeing | | | | |
| <p>Supporting Recovery</p> | <p>The Supporting Recovery program is open to anyone who has experienced domestic, family or sexual violence either recently or in the past and are no longer in a crisis situation. This includes children and other family members impacted by Domestic, Family and Sexual Violence.</p> <p>Assistance includes trauma informed therapy from a mental health clinician to assist in recovery.</p> | <p>Individuals and families within the Moree Local Government Area (LGA).</p> | <p>Patients can access the program through self-referral or via case management support from local organisations like Anglicare and Moree Family Support.</p> | <p>HealthWISE Moree Phone: 02 6752 7196 Fax: 02 6752 6616 Email: mental.health@healthwise.org.au</p> |
| GLEN INNES | | | | |
| Healthy Communities | | | | |
| <p>Integrated Team Care <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> <p>This a joint partnership program, clients may receive support from either HealthWISE staff or Armajun Health Service staff, depending on the clients' preferred GP practice.</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer, however all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Armidale Phone: 02 6771 1146 Fax: 02 6771 1170</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|---|--|---|---|
| <p>Priority Allied Health Services (PAHS) <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Dietetics (Inverell)</p> <p>Exercise Physiology (Inverell)</p> <p>Physiotherapy (Glen Innes)</p> <p>Podiatry (Glen Innes)</p> | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> | <p>Priority Allied Health Services referral form.</p> <p>Referrals can be accepted from GPs, allied health professionals and practice nurses.</p> <p>Referral letters from Medical Director and/or Best Practice are accepted, notation must be made that the referral is under PAHS and include the patient's consent to share personal information between providers.</p> | <p>Vital Health Phone: 02 6721 4412</p> <p>Exercise Physiology – Vital Health Phone: 02 6721 4412</p> <p>Physiotherapy – Vital Health Phone: 02 6721 4412</p> <p>Physiotherapy – Karan Wildman Phone: 0488 432 563</p> <p>Podiatry – Glen Innes Foot Care Phone: 0411 493 956</p> |
| Wellbeing | | | | |
| <p>Indigenous Mental Health <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Care coordination and peer support for First Nations people experiencing mental ill health.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Patients experiencing mild, moderate or complex mental illness.</p> | <p>Self-referral. GP referral. Allied health or other health professional referral.</p> | <p>HealthWISE Glen Innes Phone: 02 5733 5308 Fax: 02 6766 1372</p> <p>Kerry Strong Care Coordinator kerry.strong@healthwise.org.au</p> |
| <p>Aftercare Suicide Prevention Initiative <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Provides person-centred psychological support to individuals and families affected by suicide, focused on reducing suicide risk and helping patients cope with the long-term emotional impact.</p> <p>The program offers strength-based strategies and one-on-one psychological care, helping patients manage their mental health following a suicidal event or the loss of a loved one.</p> | <p>Patients and families affected by suicide.</p> | <p>For patients discharged after suicidal behaviour: A GP referral letter and a copy of their discharge papers is required. These can be faxed to 1300 452 059 or emailed to mentalhealth@healthwise.org.au.</p> <p>A Mental Health Treatment Plan is NOT necessary.</p> <p>For family members or spouses: Self-referrals are accepted via phone on 1800 931 540.</p> | <p>HealthWISE Tamworth Phone: 1800 931 137 Email: mentalhealth@healthwise.org.au</p> |
| <p>Priority Populations -Mental Health</p> | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>people (over 65 or over 55 for First Nations), LGBTI people, people with disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members.</p> <p>People at risk of, or who have inflicted, self-harm, attempted suicide or who have suicidal ideation and can be appropriately managed in a primary health care setting.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | |
| <p>Clinical Care Coordination - Mental Health</p> | <p>Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities.</p> <p>This program provides clinical care services while liaising closely with family and carers and improving links to other health professionals and clinical service providers.</p> <p>The service includes regular monitoring of the patients' mental health state and provides information on physical health care where appropriate.</p> | <p>The person must have been to hospital at least once for treatment of mental illness or be at risk of needing hospitalisation in the future without appropriate treatment and care.</p> <p>First Nations people, people from culturally and linguistically diverse backgrounds, LGBTI people, people with intellectual disabilities who have co-occurring mental illness and barriers receiving appropriate mental health treatment, women with perinatal depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|---|--|--|---|--|
| GUNNEDAH | | | | |
| Healthy Communities | | | | |
| <p>Integrated Team Care <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer, however all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Gunnedah Phone: 02 6742 3633 Fax: 02 6742 3699</p> |
| <p>Indigenous Australians Health Programme</p> | <p>Provides culturally respectful and practical health care and assistance such as coordinating and booking health appointments, transport to and from health appointments, patient advocacy and support, chronic disease and lifestyle education programs delivered via groups or on an individual basis, home visits and general health observations, promotion and awareness.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> | <p>Self-referral.</p> <p>Our team will assist clients with registration and consent forms upon enquiry.</p> | <p>HealthWISE Gunnedah Phone: 02 6742 3633 Fax: 02 6742 3699</p> |
| <p>Aboriginal Health Workers in Pharmacy</p> | <p>Provides culturally respectful and practical care located inside Carters Pharmacy every Wednesday. Patients can have health observations, discussions about their overall health</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> | <p>Not applicable – attend the pharmacy and speak to our Aboriginal Health Practitioners or the pharmacist.</p> | <p>HealthWISE Gunnedah Phone: 02 6742 3633 Fax: 02 6742 3699</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | and medication and referral into other HealthWISE services. | | | |
| <p>Priority Allied Health Services (PAHS) <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Dietetics (Gunnedah)</p> <p>Exercise Physiology (Gunnedah)</p> <p>Occupational Therapy (Gunnedah)</p> <p>Physiotherapy (Gunnedah)</p> <p>Podiatry (Gunnedah)</p> <p>Speech Pathology (Gunnedah)</p> | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> | <p>Priority Allied Health Services referral form.</p> <p>Referrals can be accepted from GPs, allied health professionals and practice nurses.</p> <p>Referral letters from Medical Director and/or Best Practice are accepted, notation must be made that the referral is under PAHS and include the patient's consent to share personal information between providers.</p> | <p>Dietetics – Chris Jarrett Phone: 0428 622 525</p> <p>Exercise Physiology – Rural Fit Phone: 02 6765 9866</p> <p>Occupational Therapy – Jodie Maunder Phone: 0457 434 519</p> <p>Physiotherapy – Bernadette McEvoy Phone: 0427 424 462</p> <p>Podiatry – PK Podiatry Phone: 02 6742 4268</p> <p>HealthWISE Speech Pathologist Phone: (02) 6742 3633</p> |
| <p>Medical Specialist Outreach Services</p> | <p>Monthly multidisciplinary diabetes education clinic for clients including diabetes educator, dietitian and Aboriginal health practitioner.</p> <p>Transport can be arranged with the Gunnedah team.</p> <p>Monthly multidisciplinary optometry clinic including optometrist and Aboriginal health practitioner/ worker.</p> <p>Transport can be arranged with the Gunnedah team.</p> <p>Monthly multidisciplinary podiatry clinic including podiatrist and Aboriginal health practitioner/ worker.</p> <p>Transport can be arranged with the Gunnedah team.</p> | <p>Priority for those that identify as Aboriginal and Torres Strait Islander.</p> | <p>Self-referral through the HealthWISE multidisciplinary team in Gunnedah.</p> | <p>HealthWISE Gunnedah Phone: 02 6742 3633 Fax: 02 6742 3699</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|--|--|---|--|
| Wellbeing | | | | |
| <p>Aftercare Suicide Prevention Initiative <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Provides person-centred psychological support to individuals and families affected by suicide, focused on reducing suicide risk and helping patients cope with the long-term emotional impact.</p> <p>The program offers strength-based strategies and one-on-one psychological care, helping patients manage their mental health following a suicidal event or the loss of a loved one.</p> | <p>Patients and families affected by suicide.</p> | <p>For patients discharged after suicidal behaviour: A GP referral letter and a copy of their discharge papers is required. These can be faxed to 1300 452 059 or emailed to mentalhealth@healthwise.org.au.</p> <p>A Mental Health Treatment Plan is NOT necessary.</p> <p>For family members or spouses: Self-referrals are accepted via phone on 1800 931 540.</p> | <p>HealthWISE Tamworth Phone: 1800 931 137 Email: mentalhealth@healthwise.org.au</p> |
| <p>Priority Populations -Mental Health</p> | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older people (over 65 or over 55 for First Nations), LGBTI people, people with disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members. People at risk of, or who have inflicted, self-harm, attempted suicide or who have suicidal ideation and can be appropriately managed in a primary health care setting. People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |
| <p>Clinical Care Coordination - Mental Health</p> | <p>Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities.</p> | <p>The person must have been to hospital at least once for treatment of mental illness or be at risk of needing</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | <p>This program provides clinical care services while liaising closely with family and carers and improving links to other health professionals and clinical service providers.</p> <p>The service includes regular monitoring of the patients' mental health state and provides information on physical health care where appropriate.</p> | <p>hospitalisation in the future without appropriate treatment and care. First Nations people, people from culturally and linguistically diverse backgrounds, LGBTI people, people with intellectual disabilities who have co-occurring mental illness and barriers receiving appropriate mental health treatment, women with perinatal depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide. People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | |
| <h2 data-bbox="107 932 255 970">GUYRA</h2> | | | | |
| <h3 data-bbox="107 1011 495 1050">Healthy Communities</h3> | | | | |
| <p data-bbox="107 1088 383 1120">Integrated Team Care</p> <p data-bbox="107 1142 703 1165"><i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p data-bbox="745 1088 1088 1184">Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p data-bbox="745 1216 1061 1311">Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p data-bbox="1117 1088 1335 1136">Identify as Aboriginal or Torres Strait Islander.</p> <p data-bbox="1117 1158 1361 1327">Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p data-bbox="1408 1088 1733 1401">GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p data-bbox="1408 1423 1727 1471">Your patient can self-refer, however all of the above information is</p> | <p data-bbox="1756 1088 2119 1206">HealthWISE Armidale Phone: 02 6771 1146 Fax: 02 6771 1170 Email: integrated.team.care@healthwise.org.au</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | | | <p>required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | |
| <p>Priority Allied Health Services (PAHS) <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Physiotherapy (Guyra)</p> <hr/> <p>Podiatry (Glen Innes)</p> | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> | <p>Priority Allied Health Services referral form.</p> <p>Referrals can be accepted from GPs, allied health professionals and practice nurses.</p> <p>Referral letters from Medical Director and/or Best Practice are accepted, notation must be made that the referral is under PAHS and include the patient's consent to share personal information between providers.</p> | <p>Physiotherapy – Karan Wildman Phone: 0488 432 563</p> <hr/> <p>Podiatry – Glen Innes Foot Care Clinic Phone: 0411 493 956</p> |
| <p>Medical Specialist Outreach Services</p> | <p>Podiatrist visits Armajun Health Services six (6) times per year.</p> | <p>Identify as Aboriginal or Torres Strait Islander. Have a diagnosed, eligible chronic disease.</p> | <p>Referral through Armajun Health Services.</p> | <p>Armajun Armidale Phone: 02 6772 5258</p> |
| <p>Wellbeing</p> | | | | |
| <p>Aftercare Suicide Prevention Initiative <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Provides person-centred psychological support to individuals and families affected by suicide, focused on reducing suicide risk and helping patients cope with the long-term emotional impact.</p> <p>The program offers strength-based strategies and one-on-one psychological care, helping patients manage their mental health following a suicidal event or the loss of a loved one.</p> | <p>Patients and families affected by suicide.</p> | <p>For patients discharged after suicidal behaviour: A GP referral letter and a copy of their discharge papers is required. These can be faxed to 1300 452 059 or emailed to mentalhealth@healthwise.org.au.</p> <p>A Mental Health Treatment Plan is NOT necessary.</p> <p>For family members or spouses: Self-referrals are accepted via phone on 1800 931 540.</p> | <p>HealthWISE Tamworth Phone: 1800 931 137 Email: mentalhealth@healthwise.org.au</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|--|---|--|--|
| <p>Priority Populations -Mental Health</p> | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older people (over 65 or over 55 for First Nations), LGBTI people, people with disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members.</p> <p>People at risk of, or who have inflicted, self- harm, attempted suicide or who have suicidal ideation and can be appropriately managed in a primary health care setting.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |
| <p>Clinical Care Coordination - Mental Health</p> | <p>Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities.</p> <p>This program provides clinical care services while liaising closely with family and carers and improving links to other health professionals and clinical service providers.</p> <p>The service includes regular monitoring of the patients' mental health state and provides information on physical health care where appropriate.</p> | <p>The person must have been to hospital at least once for treatment of mental illness or be at risk of needing hospitalisation in the future without appropriate treatment and care.</p> <p>First Nations people, people from culturally and linguistically diverse backgrounds, LGBTI people, people with intellectual disabilities who have co-occurring mental illness and barriers receiving appropriate mental health treatment, women with perinatal depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide.</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|--|--|--|---|
| | | People living in communities affected by natural disasters (ie drought, floods and bushfires). | | |
| INVERELL | | | | |
| Healthy Communities | | | | |
| <p>Integrated Team Care</p> <p><i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> <p>This a joint partnership program, clients may receive support from either HealthWISE staff or Armajun Health Service staff, depending on the clients' preferred GP practice.</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer; however, all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Armidale Phone: 02 6771 1146 Fax: 02 6771 1170 Email: integrated.team.care@healthwise.org.au</p> |
| <p>Priority Allied Health Services (PAHS)</p> <p><i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Exercise Physiology (Inverell)</p> <p>Occupational Therapy (Inverell)</p> <p>Physiotherapy (Inverell)</p> <p>Podiatry (Inverell)</p> | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> | <p>Priority Allied Health Services referral form.</p> <p>Referrals can be accepted from GPs, allied health professionals and practice nurses.</p> <p>Referral letters from Medical Director and/or Best Practice are accepted, notation must be made that the referral is under PAHS and include the patient's consent to</p> | <p>Exercise Physiology – Vital Health Phone: 02 6721 4412</p> <p>Occupational Therapy – Vital Health Phone: 02 6721 4412</p> <p>Physiotherapy – Vital Health Phone: 02 6721 4412</p> <p>Podiatry – Dezi Wilson Old Boots Podiatry</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | | | share personal information between providers. | Phone: 0456 766 398 |
| | Speech Pathology | | | Speech Pathology – HealthWISE Phone: 02 6766 1394 |
| Speech Pathology <i>(Fee for Service)</i> | Service based in Inverell. | All patients accepted. Fees apply. | Priority Allied Health Services referral form. Referrals can be accepted from GPs, allied health professionals and practice nurses. Referral letters from Medical Director and/or Best Practice are accepted | HealthWISE Inverell Phone: 02 6721 4117 Fax: 02 6721 4118 Email: alliedhealth@healthwise.org.au |
| Medical Specialist Outreach Services | Nephrology visiting bi-monthly at Inverell hospital. | All patients accepted. | GP referral. | Dr Malcolm Green Phone: 02 6766 7468 |
| | Podiatry visiting six (6) times per year at Armajun Health Services. | Identify as Aboriginal or Torres Strait Islander. Have a diagnosed, eligible chronic disease. | GP or Aboriginal health practitioner/ worker referral. | Armajun Health Services – Christa Haschek Phone: 02 6721 9777 |
| Wellbeing | | | | |
| First Nations Aftercare <i>(Funded by Hunter New England Central Coast Primary Health Network)</i> | The program delivers culturally safe and respectful, person-centred, non-clinical care and practical support after a suicide attempt for Aboriginal and Torres Strait Islander people. Our team will connect clients into existing health, clinical and community-based services. | Identify as Aboriginal or Torres Strait Islander. | GP, health provider or community services referrals are accepted. Self-referrals are accepted for those over 18 years of age. For those under 18 years of age, parent/ carer consent is required for referral. A mental health care plan is not required for this program. | HealthWISE Inverell Phone: 1800 931 059 Email: mentalhealth@healthwise.org.au |
| Aftercare Suicide Prevention Initiative <i>(Funded by Hunter New England Central Coast Primary Health Network)</i> | Provides person-centred psychological support to individuals and families affected by suicide, focused on reducing suicide risk and helping patients cope with the long-term emotional impact. | Patients and families affected by suicide. | For patients discharged after suicidal behaviour: A GP referral letter and a copy of their discharge papers is required. These can be faxed to 1300 452 059 or emailed to mentalhealth@healthwise.org.au . | HealthWISE Tamworth Phone: 1800 931 137 Email: mentalhealth@healthwise.org.au |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|---|--|--|--|
| | <p>The program offers strength-based strategies and one-on-one psychological care, helping patients manage their mental health following a suicidal event or the loss of a loved one.</p> | | <p>A Mental Health Treatment Plan is NOT necessary.</p> <p>For family members or spouses: Self-referrals are accepted via phone on 1800 931 540.</p> | |
| <p>Priority Populations -Mental Health</p> | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older people (over 65 or over 55 for First Nations), LGBTI people, people with disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members.</p> <p>People at risk of, or who have inflicted, self-harm, attempted suicide or who have suicidal ideation and can be appropriately managed in a primary health care setting.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |
| <p>Clinical Care Coordination - Mental Health</p> | <p>Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities.</p> <p>This program provides clinical care services while liaising closely with family and carers and improving links to other health professionals and clinical service providers.</p> <p>The service includes regular monitoring of the patients' mental health state and provides information</p> | <p>The person must have been to hospital at least once for treatment of mental illness or be at risk of needing hospitalisation in the future without appropriate treatment and care.</p> <p>First Nations people, people from culturally and linguistically diverse backgrounds, LGBTI people, people with intellectual disabilities who have co-occurring mental illness and</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | on physical health care where appropriate. | barriers receiving appropriate mental health treatment, women with perinatal depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide. People living in communities affected by natural disasters (ie drought, floods and bushfires). | | |
| IPSWICH | | | | |
| Wellbeing | | | | |
| Clinical Care Coordination | This is a clinical, confidential service for people with complex mental ill-health. The program is delivered in partnership with lived experience workers to provide wrap-around psychosocial support. | Those aged 16 years and over living in the Southern Downs region (Warwick and Stanthorpe) with complex mental illness. | Referrals via GP or psychiatrist. Mental Health Treatment Plan (MHTP) is required for ALL referrals. Referrals to be sent directly to HealthWISE: Email: mentalhealth@healthwise.org.au Fax: 1300 452 059 | HealthWISE Mental Health Team Phone: 1800 931 540 Email: mentalhealth@healthwise.org.au |
| Commonwealth Psychosocial Support | This service offers a range of confidential, non-clinical support for those experiencing complex mental illness, including social skills and connection, day to day living skills, financial and budgeting education, finding and maintaining a home, vocational skills and goals, maintaining physical wellbeing, linkages with health professionals and social services, building broader life skills including confidence and resilience. | Those aged 16 years and over living in the Southern Downs region (Warwick and Stanthorpe) experiencing mental illness that significantly impacts psychosocial wellbeing in personal and work life. Patients must have been diagnosed with a severe and complex mental health illness and would benefit from specialised psychosocial supports to build on active living skills. | Self-referral or via GP or other health professional. Referrals to be sent directly to HealthWISE: Email: mentalhealth@healthwise.org.au Fax: 1300 452 059 | HealthWISE Mental Health Team Phone: 1800 931 540 Email: mentalhealth@healthwise.org.au |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | | <p>Patients must be under the care of a GP or psychiatrist.</p> <p>Those with an NDIS package are NOT ELIGIBLE.</p> <p>Referrals can be made by the person requiring support or carer/health professional.</p> | | |
| KOOTINGAL AND NUNDLE | | | | |
| Healthy Communities | | | | |
| <p>Integrated Team Care <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer; however, all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Tamworth Phone: 02 6766 1394 Fax: 02 6766 1372 Email: integrated.team.care@healthwise.org.au</p> |
| MANILLA | | | | |
| Healthy Communities | | | | |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|--|--|--|--|
| <p>Integrated Team Care <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer; however, all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Tamworth Phone: 02 6766 1394 Fax: 02 6766 1372 Email: integrated.team.care@healthwise.org.au</p> |
| <p>Priority Allied Health Services (PAHS) <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Dietetics (Tamworth)</p> <hr/> <p>Exercise Physiology (Manilla)</p> <hr/> <p>Podiatry (Manilla)</p> | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> | <p>Priority Allied Health Services referral form.</p> <p>Referrals can be accepted from GPs, allied health professionals and practice nurses.</p> <p>Referral letters from Medical Director and/or Best Practice are accepted, notation must be made that the referral is under PAHS and include the patient's consent to share personal information between providers.</p> | <p>Dietetics – Chris Jarrett Phone: 02 6785 1095</p> <hr/> <p>Exercise Physiology – Rural Fit Phone: 02 6765 9866</p> <hr/> <p>Podiatry – Tamworth Podiatry Centre Phone: 02 6766 3314</p> |
| <p>Wellbeing</p> | | | | |
| <p>Aftercare Suicide Prevention Initiative <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Provides person-centred psychological support to individuals and families affected by suicide, focused on reducing suicide risk and helping</p> | <p>Patients and families affected by suicide.</p> | <p>For patients discharged after suicidal behaviour: A GP referral letter and a copy of their discharge papers is required. These can be</p> | <p>HealthWISE Tamworth Phone: 1800 931 137 Email: mentalhealth@healthwise.org.au</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | <p>patients cope with the long-term emotional impact.</p> <p>The program offers strength-based strategies and one-on-one psychological care, helping patients manage their mental health following a suicidal event or the loss of a loved one.</p> | | <p>faxed to 1300 452 059 or emailed to mentalhealth@healthwise.org.au.</p> <p>A Mental Health Treatment Plan is NOT necessary.</p> <p>For family members or spouses: Self-referrals are accepted via phone on 1800 931 540.</p> | |
| <p>Priority Populations -Mental Health</p> | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older people (over 65 or over 55 for First Nations), LGBTI people, people with disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members.</p> <p>People at risk of, or who have inflicted, self-harm, attempted suicide or who have suicidal ideation and can be appropriately managed in a primary health care setting.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |
| <p>Clinical Care Coordination - Mental Health</p> | <p>Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities.</p> <p>This program provides clinical care services while liaising closely with family and carers and improving links to other health professionals and clinical service providers.</p> | <p>The person must have been to hospital at least once for treatment of mental illness or be at risk of needing hospitalisation in the future without appropriate treatment and care.</p> <p>First Nations people, people from culturally and linguistically diverse backgrounds, LGBTI people,</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | <p>The service includes regular monitoring of the patients' mental health state and provides information on physical health care where appropriate.</p> | <p>people with intellectual disabilities who have co-occurring mental illness and barriers receiving appropriate mental health treatment, women with perinatal depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide. People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | | |
| <h2>MOREE</h2> | | | | |
| <h3>Healthy Communities</h3> | | | | |
| <p>Integrated Team Care <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer; however, all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Narrabri Phone: 02 6792 5514 Fax: 02 6792 5518 Email: integrated.team.care@healthwise.org.au</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|---|--|--|---|---|
| <p>Priority Allied Health Services (PAHS) <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | Dietetics (Moree) | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> | <p>Priority Allied Health Services referral form.</p> <p>Referrals can be accepted from GPs, allied health professionals and practice nurses.</p> <p>Not Required</p> <p>Referral letters from Medical Director and/or Best Practice are accepted, notation must be made that the referral is under PAHS and include the patient's consent to share personal information between providers.</p> | Dietetics – HealthWISE Phone: 02 6752 7196 |
| | Exercise Physiology (Moree) | | | Exercise Physiology – ReHealth Phone: 0427 050 485 |
| | Healthy Ageing Group Class (Moree) | | | Dale Hartin – ReHealth Phone: 0427 050 485 Fax: 02 6752 6044 |
| | Lymphoedema Physiotherapy (Moree) | | | Lymphoedema Physiotherapy – Gemma Corrigan Phone: 0488 151 791 |
| | Podiatry (Moree) | | | Podiatry – Dezi Wilson Old Boots Podiatry Phone: 0456 766 398 |
| | Speech Pathology (Moree) | | | Speech Pathology – HealthWISE Phone: 02 6752 7196 |
| <p>Dietetics <i>(Fee For Service)</i></p> | Service based in Moree. | All patients accepted. Fees apply. | <p>Priority Allied Health Services referral form.</p> <p>Referrals can be accepted from GPs, allied health professionals and practice nurses.</p> <p>Referral letters from Medical Director and/or Best Practice are accepted</p> | <p>HealthWISE Moree Phone: 02 6752 7196 Fax: 02 6752 6616 Email: alliedhealth@healthwise.org.au</p> |
| <p>Medical Specialist Outreach Services</p> | <p>Quarterly multidisciplinary diabetes education clinic for clients including diabetes educator, dietitian and Aboriginal health practitioner.</p> | Priority for those that identify as Aboriginal and Torres Strait Islander. | Self-referral through the HealthWISE multidisciplinary team in Narrabri. | <p>HealthWISE Moree Phone: 02 6752 7196 Fax: 02 6752 6616 Email: services-multidisciplinary-team@healthwise.org.au</p> |
| | Endocrinology | Priority for those that identify as Aboriginal and Torres Strait Islander with diabetes. | GP referral required. | |
| | Gynaecology | Identify as Aboriginal and/or Torres Strait Islander. | GP referral required. | |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| Wellbeing | | | | |
| <p>Aftercare Suicide Prevention Initiative <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Provides person-centred psychological support to individuals and families affected by suicide, focused on reducing suicide risk and helping patients cope with the long-term emotional impact.</p> <p>The program offers strength-based strategies and one-on-one psychological care, helping patients manage their mental health following a suicidal event or the loss of a loved one.</p> | <p>Patients and families affected by suicide.</p> | <p>For patients discharged after suicidal behaviour: A GP referral letter and a copy of their discharge papers is required. These can be faxed to 1300 452 059 or emailed to mentalhealth@healthwise.org.au.</p> <p>A Mental Health Treatment Plan is NOT necessary.</p> <p>For family members or spouses: Self-referrals are accepted via phone on 1800 931 540.</p> | <p>HealthWISE Moree Phone: 1800 931 137 Email: mentalhealth@healthwise.org.au</p> |
| <p>Priority Populations - Mental Health</p> | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older people (over 65 or over 55 for First Nations), LGBTI people, people with disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members. People at risk of, or who have inflicted, self-harm, attempted suicide or who have suicidal ideation and can be appropriately managed in a primary health care setting. People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |
| <p>Clinical Care Coordination - Mental Health</p> | <p>Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities.</p> | <p>The person must have been to hospital at least once for treatment of mental illness or be at risk of needing</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | <p>This program provides clinical care services while liaising closely with family and carers and improving links to other health professionals and clinical service providers.</p> <p>The service includes regular monitoring of the patients' mental health state and provides information on physical health care where appropriate.</p> | <p>hospitalisation in the future without appropriate treatment and care. First Nations people, people from culturally and linguistically diverse backgrounds, LGBTI people, people with intellectual disabilities who have co-occurring mental illness and barriers receiving appropriate mental health treatment, women with perinatal depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide. People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | |
| <p>Supporting Recovery</p> | <p>The Supporting Recovery program is open to anyone who has experienced domestic, family or sexual violence either recently or in the past and are no longer in a crisis situation. This includes children and other family members impacted by Domestic, Family and Sexual Violence.</p> <p>Assistance includes trauma informed therapy from a mental health clinician to assist in recovery.</p> | <p>Individuals and families within the Moree Local Government Area (LGA).</p> | <p>Patients can access the program through self-referral or via case management support from local organisations like Anglicare and Moree Family Support.</p> | <p>HealthWISE Moree Phone: 02 6752 7196 Fax: 02 6752 6616 Email: mental.health@healthwise.org.au</p> |
| <p>MUNGINDI</p> | | | | |
| <p>Healthy Communities</p> | | | | |
| <p>Integrated Team Care</p> | <p>Assistance accessing medical specialists and allied health providers</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> | <p>GP management plan. 715 health check. Patient health summary.</p> | <p>HealthWISE Narrabri Phone: 02 6792 5514 Fax: 02 6792 5518</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| <p><i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer; however, all of the above information is required at the time of signing the consent form. HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>Email: integrated.team.care@healthwise.org.au</p> |
| <p>Priority Allied Health Services (PAHS)</p> <p><i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Exercise Physiology (Moree)</p> | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> | <p>Priority Allied Health Services referral form.</p> <p>Referrals can be accepted from GPs, allied health professionals and practice nurses.</p> <p>Referral letters from Medical Director and/or Best Practice are accepted, notation must be made that the referral is under PAHS and include the patient's consent to share personal information between providers.</p> | <p>Dale Hartin – ReHealth Phone: 0427 050 485 Fax: 02 6752 6044</p> |
| <p>Medical Specialist Outreach Services</p> | <p>Exercise Physiology (Moree)</p> | <p>Identify as Aboriginal and/or Torres Strait Islander, with diabetes.</p> | <p>GP referral required.</p> | <p>Dale Hartin – ReHealth Phone: 0427 050 485 Fax: 02 6752 6044</p> |
| <p>Wellbeing</p> | | | | |
| <p>Supporting Recovery</p> | <p>The Supporting Recovery program is open to anyone who has experienced domestic, family or sexual violence either recently or in the past and are no longer in a crisis situation. This</p> | <p>Individuals and families within the Moree Local Government Area (LGA).</p> | <p>Patients can access the program through self-referral or via case management support from local organisations like Anglicare and Moree Family Support.</p> | <p>HealthWISE Moree Phone: 02 6752 7196 Fax: 02 6752 6616 Email: mental.health@healthwise.org.au</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | <p>includes children and other family members impacted by Domestic, Family and Sexual Violence.</p> <p>Assistance includes trauma informed therapy from a mental health clinician to assist in recovery.</p> | | | |
| <h2>NARRABRI</h2> | | | | |
| <h3>Healthy Communities</h3> | | | | |
| <p>Indigenous Australians Health Programme</p> | <p>Providing practical assistance such as coordinating and booking appointments, transport (when available or within scope of practice), advocacy and support, lifestyle modification programs delivered via groups or on an individual basis, home visits and general health observations, promotion and awareness.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> | <p>Self-referral.</p> | <p>HealthWISE Narrabri Phone: 02 6792 5514 Fax: 02 6792 5518</p> |
| <p>Integrated Team Care <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer; however, all of the above information is required at the time of signing the consent form.</p> | <p>HealthWISE Narrabri Phone: 02 6792 5514 Fax: 02 6792 5518 Email: integrated.team.care@healthwise.org.au</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | | | HealthWISE can work with your patient to complete the necessary paperwork. | |
| <p>Priority Allied Health Services (PAHS) <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Dietetics (Narrabri)</p> <hr/> <p>Exercise Physiology (Moree)</p> <hr/> <p>Healthy Ageing Group Class (Moree)</p> <hr/> <p>Lymphoedema Physiotherapist (Narrabri)</p> <hr/> <p>Occupational Therapist (Narrabri)</p> <hr/> <p>Physiotherapy (Moree)</p> <hr/> <p>Podiatry (Narrabri)</p> <hr/> <p>Speech Pathologist (Narrabri)</p> | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> | <p>Priority Allied Health Services referral form.</p> <p>Referrals can be accepted from GPs, allied health professionals and practice nurses.</p> <p>Referral letters from Medical Director and/or Best Practice are accepted, notation must be made that the referral is under PAHS and include the patient's consent to share personal information between providers.</p> | <p>Dietetics – HealthWISE Phone: 02 6752 7196</p> <hr/> <p>AE Physiotherapy Phone: 02 6792 5007 Email: reception@aephyso.com.au</p> <hr/> <p>Dale Hartin – ReHealth Phone: 0427 050 485 Fax: 02 6752 6044</p> <hr/> <p>Gemma Carrigan Phone: 02 6752 7196 Fax: 02 6752 6616</p> <hr/> <p>Rural OT Step by Step Client Phone: 02 6792 3989 Email: admin@ruralotstepbystep.com.au</p> <hr/> <p>AE Physiotherapy Phone: 02 6792 5007 Email: reception@aephyso.com.au</p> <hr/> <p>Dale Hartin – ReHealth Phone: 0427 050 485 Fax: 02 6752 6044</p> <hr/> <p>Podiatry – Avodah Podiatry Phone: 02 6792 6084 Fax: 02 6792 5667</p> <hr/> <p>HealthWISE Narrabri Phone: 02 6766 1394 Fax: 02 6766 1372</p> |
| <p>Dietetics <i>(Fee For Service)</i></p> | <p>Service based in Narrabri.</p> | <p>All patients accepted. Fees apply.</p> | <p>Priority Allied Health Services referral form.</p> | <p>HealthWISE Narrabri Phone: 02 6766 1394 Fax: 02 6766 1372</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | | | <p>Referrals can be accepted from GPs, allied health professionals and practice nurses.</p> <p>Referral letters from Medical Director and/or Best Practice are accepted</p> | |
| <p>Speech Pathologist <i>(Fee For Service)</i></p> | <p>Service based in Narrabri.</p> | <p>All patients accepted. Fees apply.</p> | <p>Priority Allied Health Services referral form.</p> <p>Referrals can be accepted from GPs, allied health professionals and practice nurses.</p> <p>Referral letters from Medical Director and/or Best Practice are accepted</p> | <p>HealthWISE Narrabri Phone: 02 6766 1394 Fax: 02 6766 1372</p> |
| <p>Medical Specialist Outreach Services</p> | <p>Quarterly multidisciplinary diabetes education clinic for clients including diabetes educator, dietitian and Aboriginal health practitioner.</p> | <p>Priority for those that identify as Aboriginal and Torres Strait Islander.</p> | <p>Self-referral through the HealthWISE multidisciplinary team in Narrabri.</p> | <p>HealthWISE Moree Phone: 02 6752 7196 Fax: 02 6752 6616 Email: services-multidisciplinary-team@healthwise.org.au</p> |
| | <p>Endocrinologist (Telehealth)</p> | <p>Priority for those that identify as Aboriginal and Torres Strait Islander.</p> | <p>Referrals can be accepted from GPs, allied health professionals and practice nurses.</p> | <p>HealthWISE Narrabri Phone: 02 6792 5514 Fax: 02 6792 5518</p> |
| | <p>Paediatrician</p> | <p>Children who are unable to access a service in a major city or regional centre Must live in the Narrabri LGA</p> | | |
| | <p>Rheumatologist</p> | <p>All patients accepted.</p> | | |
| <p>Wellbeing</p> | | | | |
| <p>Aftercare Suicide Prevention Initiative <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Provides person-centred psychological support to individuals and families affected by suicide, focused on reducing suicide risk and helping</p> | <p>Patients and families affected by suicide.</p> | <p>For patients discharged after suicidal behaviour: A GP referral letter and a copy of their discharge papers is required. These can be</p> | <p>HealthWISE Tamworth Phone: 1800 931 137 Email: mentalhealth@healthwise.org.au</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | <p>patients cope with the long-term emotional impact. The program offers strength-based strategies and one-on-one psychological care, helping patients manage their mental health following a suicidal event or the loss of a loved one.</p> | | <p>faxed to 1300 452 059 or emailed to mentalhealth@healthwise.org.au.</p> <p>A Mental Health Treatment Plan is NOT necessary.</p> <p>For family members or spouses: Self-referrals are accepted via phone on 1800 931 540.</p> | |
| <p>Priority Populations - Mental Health</p> | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older people (over 65 or over 55 for First Nations), LGBTI people, people with disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members. People at risk of, or who have inflicted, self-harm, attempted suicide or who have suicidal ideation and can be appropriately managed in a primary health care setting. People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |
| <p>Clinical Care Coordination - Mental Health</p> | <p>Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities.</p> <p>This program provides clinical care services while liaising closely with family and carers and improving links to other health professionals and clinical service providers.</p> | <p>The person must have been to hospital at least once for treatment of mental illness or be at risk of needing hospitalisation in the future without appropriate treatment and care. First Nations people, people from culturally and linguistically diverse backgrounds, LGBTI people,</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | <p>The service includes regular monitoring of the patients' mental health state and provides information on physical health care where appropriate.</p> | <p>people with intellectual disabilities who have co-occurring mental illness and barriers receiving appropriate mental health treatment, women with perinatal depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide. People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | | |
| <h2>QUIRINDI</h2> | | | | |
| <h3>Healthy Communities</h3> | | | | |
| <p>Integrated Team Care <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer; however, all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Tamworth Phone: 02 6766 1394 Fax: 02 6766 1372 Email: integrated.team.care@healthwise.org.au</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|--|---|---|---|
| <p>Priority Allied Health Services (PAHS) <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Dietitian (Gunnedah)</p> <p>Exercise Physiologist (Tamworth)</p> <p>Podiatrist (Gunnedah)</p> <p>Physiotherapy (Tamworth)</p> | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> | <p>Priority Allied Health Services referral form.</p> <p>Referrals can be accepted from GPs, allied health professionals and practice nurses.</p> <p>Referral letters from Medical Director and/or Best Practice are accepted, notation must be made that the referral is under PAHS and include the patient's consent to share personal information between providers.</p> | <p>Chris Jarrett Phone: 0428 622 525 Fax: 02 6702 0211</p> <p>Rural Fit Visits Health One Phone: 02 6765 9866 Fax: 02 6700 0601</p> <p>PK Podiatry Health One Medical Centre Phone: 02 6742 4268 Fax: 02 6742 2096</p> <p>Total Care Physio – Michael van der Graaf Phone: 02 6766 9488 Fax: 02 6766 5670 195 George St, Quirindi</p> |
| <h2>Wellbeing</h2> | | | | |
| <p>Aftercare Suicide Prevention Initiative <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Provides person-centred psychological support to individuals and families affected by suicide, focused on reducing suicide risk and helping patients cope with the long-term emotional impact. The program offers strength-based strategies and one-on-one psychological care, helping patients manage their mental health following a suicidal event or the loss of a loved one.</p> | <p>Patients and families affected by suicide.</p> | <p>For patients discharged after suicidal behaviour: A GP referral letter and a copy of their discharge papers is required. These can be faxed to 1300 452 059 or emailed to mentalhealth@healthwise.org.au.</p> <p>A Mental Health Treatment Plan is NOT necessary.</p> <p>For family members or spouses: Self-referrals are accepted via phone on 1800 931 540.</p> | <p>HealthWISE Tamworth Phone: 1800 931 137 Email: mentalhealth@healthwise.org.au</p> |
| <p>Priority Populations - Mental Health</p> | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older people (over 65 or over 55 for First Nations), LGBTI people, people with</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members.</p> <p>People at risk of, or who have inflicted, self-harm, attempted suicide or who have suicidal ideation and can be appropriately managed in a primary health care setting.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | | |
| <p>Clinical Care Coordination - Mental Health</p> | <p>Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities.</p> <p>This program provides clinical care services while liaising closely with family and carers and improving links to other health professionals and clinical service providers.</p> <p>The service includes regular monitoring of the patients' mental health state and provides information on physical health care where appropriate.</p> | <p>The person must have been to hospital at least once for treatment of mental illness or be at risk of needing hospitalisation in the future without appropriate treatment and care.</p> <p>First Nations people, people from culturally and linguistically diverse backgrounds, LGBTI people, people with intellectual disabilities who have co-occurring mental illness and barriers receiving appropriate mental health treatment, women with perinatal depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| TAMWORTH | | | | |
| Healthy Communities | | | | |
| <p>Integrated Team Care <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer; however, all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Tamworth Phone: 02 6766 1394 Fax: 02 6766 1372 Email: integrated.team.care@healthwise.org.au</p> |
| <p>Indigenous Australians Health Programme</p> | <p>Provides culturally respectful and practical health care and assistance such as coordinating and booking health appointments, transport to and from health appointments, patient advocacy and support, chronic disease and lifestyle education programs delivered via groups or on an individual basis, home visits and general health observations, promotion and awareness.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> | <p>Self-referral.</p> <p>Our team will assist clients with registration and consent forms upon enquiry.</p> | <p>HealthWISE Tamworth Phone: 02 6766 1394 Fax: 02 6766 1372</p> |
| <p>Medical Specialist Outreach Services</p> | <p>Neurosurgeon</p> | <p>People with a neurological condition.</p> | <p>Referrals can be accepted from GPs.</p> | <p>Dr Gordon Dandie Westmead Private Hospital Phone: 02 9635 1938 (Visits Northwest Neurology)</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|--|--|--|---|
| | Rheumatologist | Those needing to see a rheumatologist. | | Dr Michael Tjeuw Phone: 1300 048 127 Fax: 02 8209 4915 |
| | Psychiatrist | Those needing to see a psychiatrist. | | Dr Eoin Wilson Contact Peel Health Care to book Phone: 02 6766 8288 Dr Kipling Walker Contact Peel Health Care to book Phone: 02 6766 8288 |
| Speech Pathologist <i>(Fee For Service)</i> | Service based in Tamworth. | All patients accepted. Fees apply. | Priority Allied Health Services referral form. Referrals can be accepted from GPs, allied health professionals and practice nurses. Referral letters from Medical Director and/or Best Practice are accepted | HealthWISE Tamworth Phone: 02 6766 1394 Fax: 02 6766 1372 |
| Wellbeing | | | | |
| Indigenous Mental Health <i>(Funded by Hunter New England Central Coast Primary Health Network)</i> | Care coordination and peer support for First Nations people experiencing mental ill health. | Identify as Aboriginal or Torres Strait Islander. Patients experiencing mild, moderate or complex mental illness. | Self-referral. GP referral. Allied health or other health professional referral. | HealthWISE Tamworth Phone: 02 6766 1394 Fax: 02 6766 1372 |
| Aftercare Suicide Prevention Initiative <i>(Funded by Hunter New England Central Coast Primary Health Network)</i> | Provides person-centred psychological support to individuals and families affected by suicide, focused on reducing suicide risk and helping patients cope with the long-term emotional impact. The program offers strength-based strategies and one-on-one psychological care, helping patients manage their mental health following a suicidal event or the loss of a loved one. | Patients and families affected by suicide. | For patients discharged after suicidal behaviour: A GP referral letter and a copy of their discharge papers is required. These can be faxed to 1300 452 059 or emailed to mentalhealth@healthwise.org.au . A Mental Health Treatment Plan is NOT necessary. | HealthWISE Tamworth Phone: 1800 931 137 Email: mentalhealth@healthwise.org.au |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|--|--|--|--|
| | | | For family members or spouses: Self-referrals are accepted via phone on 1800 931 540. | |
| <p>Priority Populations -Mental Health</p> | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older people (over 65 or over 55 for First Nations), LGBTI people, people with disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members.</p> <p>People at risk of, or who have inflicted, self-harm, attempted suicide or who have suicidal ideation and can be appropriately managed in a primary health care setting.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |
| <p>Clinical Care Coordination - Mental Health</p> | <p>Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities.</p> <p>This program provides clinical care services while liaising closely with family and carers and improving links to other health professionals and clinical service providers.</p> <p>The service includes regular monitoring of the patients' mental health state and provides information on physical health care where appropriate.</p> | <p>The person must have been to hospital at least once for treatment of mental illness or be at risk of needing hospitalisation in the future without appropriate treatment and care.</p> <p>First Nations people, people from culturally and linguistically diverse backgrounds, LGBTI people, people with intellectual disabilities who have co-occurring mental illness and barriers receiving appropriate mental health treatment, women with perinatal</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | | <p>depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide. People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | | |
| <h2>TENTERFIELD</h2> | | | | |
| <h3>Healthy Communities</h3> | | | | |
| <p>Integrated Team Care <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer; however, all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Armidale Phone: 02 6771 1146 Fax: 02 6771 1170 Email: integrated.team.care@healthwise.org.au</p> |
| <p>Priority Allied Health Services (PAHS) <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Exercise Physiology (Armidale)</p> <hr/> <p>Physiotherapy</p> | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> | <p>Priority Allied Health Services referral form.</p> <p>Referrals can be accepted from GPs, allied health professionals and practice nurses.</p> | <p>Rural Fit Phone: 02 6765 9866 Fax: 02 6700 0601</p> <hr/> <p>The Physiotherapy Centre</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | (Stanthorpe) | | Referral letters from Medical Director and/or Best Practice are accepted, notation must be made that the referral is under PAHS and include the patient's consent to share personal information between providers. | Tenterfield Hub, Main St, Tenterfield Phone: 07 4661 5577 Fax: 07 4661 7266 |
| Medical Specialist Outreach Services | Podiatrist | Identify as Aboriginal or Torres Strait Islander. Have a diagnosed, eligible chronic disease (eg. diabetes). | Call Armajun Inverell office 02 6721 9777 | Armajun AMS Phone: 02 6736 5731 |
| Wellbeing | | | | |
| Priority Populations -Mental Health | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older people (over 65 or over 55 for First Nations), LGBTI people, people with disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members.</p> <p>People at risk of, or who have inflicted, self-harm, attempted suicide or who have suicidal ideation and can be appropriately managed in a primary health care setting.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub. | Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212. |
| Clinical Care Coordination - Mental Health | Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities. | The person must have been to hospital at least once for treatment of mental illness or be at risk of needing | Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must | Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212. |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | <p>This program provides clinical care services while liaising closely with family and carers and improving links to other health professionals and clinical service providers.</p> <p>The service includes regular monitoring of the patients' mental health state and provides information on physical health care where appropriate.</p> | <p>hospitalisation in the future without appropriate treatment and care. First Nations people, people from culturally and linguistically diverse backgrounds, LGBTI people, people with intellectual disabilities who have co-occurring mental illness and barriers receiving appropriate mental health treatment, women with perinatal depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide. People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | |
| <h2 data-bbox="107 932 275 970">TINGHA</h2> | | | | |
| <h3 data-bbox="107 1011 495 1050">Healthy Communities</h3> | | | | |
| <p data-bbox="107 1088 383 1120">Integrated Team Care</p> <p data-bbox="107 1139 703 1165"><i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p data-bbox="745 1088 1088 1184">Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p data-bbox="745 1216 1061 1311">Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p data-bbox="1117 1088 1335 1136">Identify as Aboriginal or Torres Strait Islander.</p> <p data-bbox="1117 1161 1361 1327">Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p data-bbox="1408 1088 1733 1401">GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p data-bbox="1408 1426 1733 1474">Your patient can self-refer; however, all of the above information is</p> | <p data-bbox="1756 1088 2119 1206">HealthWISE Armidale Phone: 02 6771 1146 Fax: 02 6771 1170 Email: integrated.team.care@healthwise.org.au</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | | | <p>required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | |
| <p>Medical Specialist Outreach Services</p> | <p>Podiatrist</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (eg. diabetes).</p> | <p>Call HealthWISE Inverell – 6721 4117.</p> | <p>Emma Notley Tingha MPS Phone: 0411 493 956</p> |
| <h2>URALLA</h2> | | | | |
| <h3>Healthy Communities</h3> | | | | |
| <p>Integrated Team Care</p> <p><i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer; however, all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Armidale Phone: 02 6771 1146 Fax: 02 6771 1170 Email: integrated.team.care@healthwise.org.au</p> |
| <p>Priority Allied Health Services (PAHS)</p> | <p>Healthy Ageing Group Class (Armidale)</p> | <p>Health care card holders. Pensioners.</p> | <p>Referral not required.</p> | <p>Gillian Traise Phone: 02 6772 3981</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| <i>(Funded by Hunter New England Central Coast Primary Health Network)</i> | | Patients on a LOW income who would not otherwise be able to access a local service. | | |
| Wellbeing | | | | |
| Priority Populations -Mental Health | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older people (over 65 or over 55 for First Nations), LGBTI people, people with disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members.</p> <p>People at risk of, or who have inflicted, self- harm, attempted suicide or who have suicidal ideation and can be appropriately managed in a primary health care setting.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |
| Clinical Care Coordination - Mental Health | <p>Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities.</p> <p>This program provides clinical care services while liaising closely with family and carers and improving links to other health professionals and clinical service providers.</p> <p>The service includes regular monitoring of the patients' mental health state and provides information</p> | <p>The person must have been to hospital at least once for treatment of mental illness or be at risk of needing hospitalisation in the future without appropriate treatment and care.</p> <p>First Nations people, people from culturally and linguistically diverse backgrounds, LGBTI people, people with intellectual disabilities who have co-occurring mental illness and barriers receiving appropriate</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | on physical health care where appropriate. | mental health treatment, women with perinatal depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide. People living in communities affected by natural disasters (ie drought, floods and bushfires). | | |
| <h2 data-bbox="107 667 295 705">WALCHA</h2> | | | | |
| <h3 data-bbox="107 746 495 785">Healthy Communities</h3> | | | | |
| <p data-bbox="107 826 383 849">Integrated Team Care</p> <p data-bbox="107 877 705 900"><i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p data-bbox="745 826 1088 916">Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p data-bbox="745 954 1059 1043">Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p data-bbox="1117 826 1335 868">Identify as Aboriginal or Torres Strait Islander.</p> <p data-bbox="1117 896 1361 1059">Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p data-bbox="1408 826 1733 1133">GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p data-bbox="1408 1161 1733 1251">Your patient can self-refer; however, all of the above information is required at the time of signing the consent form.</p> <p data-bbox="1408 1279 1711 1347">HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p data-bbox="1756 826 1951 916">HealthWISE Armidale Phone: 02 6771 1146 Fax: 02 6771 1170 Email:</p> <p data-bbox="1756 919 2119 941">integrated.team.care@healthwise.org.au</p> |
| <p data-bbox="107 1385 584 1407">Priority Allied Health Services (PAHS)</p> <p data-bbox="107 1436 705 1458"><i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p data-bbox="745 1385 936 1426">Exercise Physiologist (Armidale)</p> | <p data-bbox="1117 1385 1341 1426">Health care card holders. Pensioners.</p> | <p data-bbox="1408 1385 1599 1407">Referral not required.</p> | <p data-bbox="1756 1385 2007 1474">Rural Fit Visits Walcha Physiotherapy Phone: 02 6765 9866 Fax: 6700 0601</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|---|---|---|---|
| | Dietitian (Walcha) | Patients on a LOW income who would not otherwise be able to access a local service. | | HealthWISE Armidale Phone: 02 6771 1146 Fax: 02 6771 1170 |
| | Physiotherapy (Walcha) | | | Walcha Physio – Sally Rutherford / Prue Morgan Phone: 02 6778 0011 Fax: 02 6778 0066 |
| | Healthy Ageing Group Class | | | Walcha Physio – Sally Rutherford / Prue Morgan Phone: 02 6778 0011 Fax: 02 6778 0066 |
| <p>Dietetics <i>(Fee For Service)</i></p> | Service based in Armidale. | All patients accepted. Fees apply. | <p>Priority Allied Health Services referral form.</p> <p>Referrals can be accepted from GPs, allied health professionals and practice nurses.</p> <p>Referral letters from Medical Director and/or Best Practice are accepted</p> | HealthWISE Armidale Phone: 02 6771 1146 Fax: 02 6771 1170 |
| Wellbeing | | | | |
| <p>Aftercare Suicide Prevention Initiative <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | Provides person-centred psychological support to individuals and families affected by suicide, focused on reducing suicide risk and helping patients cope with the long-term emotional impact. The program offers strength-based strategies and one-on-one psychological care, helping patients manage their mental health following a suicidal event or the loss of a loved one. | Patients and families affected by suicide. | <p>For patients discharged after suicidal behaviour: A GP referral letter and a copy of their discharge papers is required. These can be faxed to 1300 452 059 or emailed to mentalhealth@healthwise.org.au.</p> <p>A Mental Health Treatment Plan is NOT necessary.</p> <p>For family members or spouses: Self-referrals are accepted via phone on 1800 931 540.</p> | HealthWISE Tamworth Phone: 1800 931 137 Email: mentalhealth@healthwise.org.au |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|--|--|---|--|--|
| <p>Priority Populations -Mental Health</p> | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older people (over 65 or over 55 for First Nations), LGBTI people, people with disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members.</p> <p>People at risk of, or who have inflicted, self- harm, attempted suicide or who have suicidal ideation and can be appropriately managed in a primary health care setting.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |
| <p>Clinical Care Coordination - Mental Health</p> | <p>Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities.</p> <p>This program provides clinical care services while liaising closely with family and carers and improving links to other health professionals and clinical service providers.</p> <p>The service includes regular monitoring of the patients' mental health state and provides information on physical health care where appropriate.</p> | <p>The person must have been to hospital at least once for treatment of mental illness or be at risk of needing hospitalisation in the future without appropriate treatment and care.</p> <p>First Nations people, people from culturally and linguistically diverse backgrounds, LGBTI people, people with intellectual disabilities who have co-occurring mental illness and barriers receiving appropriate mental health treatment, women with perinatal depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide.</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|---|--|--|--|--|
| | | People living in communities affected by natural disasters (ie drought, floods and bushfires). | | |
| WARIALDA | | | | |
| Healthy Communities | | | | |
| <p>Integrated Team Care <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer; however, all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Narrabri Phone: 02 6792 5514 Fax: 02 6792 5518 Email: integrated.team.care@healthwise.org.au</p> |
| <p>Priority Allied Health Services (PAHS) <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Exercise Physiologist (Moree)</p> <hr/> <p>Dietitian (Moree)</p> | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> | <p>Referral not required.</p> | <p>Dale Hartin ReHealth Warialda MPS Phone: 0427 050 485 Fax: 02 6752 6044</p> <hr/> <p>HealthWISE Dietitian Warialda Medical Centre Phone: 02 6752 7196 Fax: 02 6752 6166</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|---|--|--|--|--|
| | Occupational Therapist (Narrabri) | | | Vital Health Inverell Venue as arranged with client. Phone: 02 6721 4116 Fax: 02 6721 3380 |
| | Healthy Ageing Group Class | | | Dale Hartin - ReHealth Phone: 0427 050 485 Fax: 02 6752 6044 |
| Wellbeing | | | | |
| Priority Populations -Mental Health | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older people (over 65 or over 55 for First Nations), LGBTI people, people with disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members.</p> <p>People at risk of, or who have inflicted, self-harm, attempted suicide or who have suicidal ideation and can be appropriately managed in a primary health care setting.</p> <p>People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |
| Clinical Care Coordination - Mental Health | <p>Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities.</p> <p>This program provides clinical care services while liaising closely with family and carers and improving links to other health professionals and clinical service providers.</p> | <p>The person must have been to hospital at least once for treatment of mental illness or be at risk of needing hospitalisation in the future without appropriate treatment and care.</p> <p>First Nations people, people from culturally and linguistically diverse</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
|---|--|--|--|--|
| | <p>The service includes regular monitoring of the patients' mental health state and provides information on physical health care where appropriate.</p> | <p>backgrounds, LGBTI people, people with intellectual disabilities who have co-occurring mental illness and barriers receiving appropriate mental health treatment, women with perinatal depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide. People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | | |
| <h2>WEE WAA</h2> | | | | |
| <h3>Healthy Communities</h3> | | | | |
| <p>Integrated Team Care <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology. Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer; however, all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>HealthWISE Narrabri Phone: 02 6792 5514 Fax: 02 6792 5518 Email: integrated.team.care@healthwise.org.au</p> |

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| <p>Priority Allied Health Services (PAHS) <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Exercise Physiologist (Moree)</p> <p>Podiatrist (Wee Waa)</p> <p>Occupational Therapist (Narrabri)</p> <p>Physiotherapy (Narrabri)</p> <p>Speech Pathology (Narrabri)</p> <p>Healthy Ageing (Moree)</p> | <p>Health care card holders. Pensioners. Patients on a LOW income who would not otherwise be able to access a local service.</p> | <p>Referral not required.</p> | <p>Dale Hartin ReHealth Phone: 0427 050 485 Fax: 02 6752 6044</p> <p>Genevieve Graaf Sendall, Wee Waa Podiatry Phone: 02 6795 4969</p> <p>Rural OT Step by Step Venue as arranged with client. Phone: 02 6792 3989 Email: admin@stepbystep.com.au</p> <p>AE Physiotherapy Wee Waa Medical Centre Phone: 026792 5007 Email: reception@aephysio.com.au</p> <p>HealthWISE Narrabri Phone: 02 6792 5514 Fax: 02 6792 5518</p> <p>Dale Hartin ReHealth Phone: 0427 050 485 Fax: 02 6752 6044</p> |
| <p>Wellbeing</p> | | | | |
| <p>Priority Populations -Mental Health</p> | <p>Psychological therapy for individuals experiencing mental illness who would benefit from short-term psychological treatment.</p> <p>Designed to be managed in a primary mental health care setting, this is not an acute or crisis service.</p> <p>The program offers focused psychological strategies that are time-limited and evidence-based, making them suitable for common mental health disorders.</p> | <p>First Nations people, people from culturally and linguistically diverse backgrounds, isolated older people (over 65 or over 55 for First Nations), LGBTI people, people with disabilities, those experiencing homelessness or at risk of homelessness, rural and remote community members. People at risk of, or who have inflicted, self-harm, attempted suicide or who have suicidal ideation and</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |

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| | | <p>can be appropriately managed in a primary health care setting. People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | | |
| <p>Clinical Care Coordination - Mental Health</p> | <p>Clinical Care Coordination for people with a clinical diagnosis of complex, enduring mental health conditions and complex co-morbidities.</p> <p>This program provides clinical care services while liaising closely with family and carers and improving links to other health professionals and clinical service providers.</p> <p>The service includes regular monitoring of the patients' mental health state and provides information on physical health care where appropriate.</p> | <p>The person must have been to hospital at least once for treatment of mental illness or be at risk of needing hospitalisation in the future without appropriate treatment and care. First Nations people, people from culturally and linguistically diverse backgrounds, LGBTI people, people with intellectual disabilities who have co-occurring mental illness and barriers receiving appropriate mental health treatment, women with perinatal depression, those experiencing homelessness or at risk of homelessness, rural and remote community members and people at risk of suicide. People living in communities affected by natural disasters (ie drought, floods and bushfires).</p> | <p>Referrals, including a Mental Health Treatment Plan from a GP, paediatrician, psychiatrist, or maternal or child health nurse must be sent to the Medicare Mental Health Statewide Intake and Assessment Hub.</p> | <p>Please refer to the Medicare Mental Health website or contact the service provider on 1800 595 212.</p> |
| <h2>WERRIS CREEK</h2> | | | | |
| <h3>Healthy Communities</h3> | | | | |
| <p>Integrated Team Care <i>(Funded by Hunter New England Central Coast Primary Health Network)</i></p> | <p>Assistance accessing medical specialists and allied health providers for Aboriginal people with an eligible diagnosed chronic disease.</p> | <p>Identify as Aboriginal or Torres Strait Islander.</p> | <p>GP management plan. 715 health check. Patient health summary. Relevant pathology.</p> | <p>HealthWISE Tamworth Phone: 02 6766 1394 Fax: 02 6766 1372</p> |

| PROGRAM SERVICE | WHAT CAN WE HELP WITH? | ELIGIBILITY CRITERIA | REFERRAL REQUIREMENTS | CONTACT DETAILS |
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| | <p>Assistance may include care coordination, organising and managing appointments, specialist costs, and allied health costs.</p> | <p>Have a diagnosed, eligible chronic disease (diabetes, cardiovascular disease, cancer, chronic kidney disease, chronic respiratory condition, chronic mental health condition).</p> | <p>Relevant specialist/ allied health correspondence (referral forms, appointment details etc) Specialist/ allied health referral form including appointment details if available. ITC consent form. Mental health care plan (if applicable).</p> <p>Your patient can self-refer; however, all of the above information is required at the time of signing the consent form.</p> <p>HealthWISE can work with your patient to complete the necessary paperwork.</p> | <p>Email: integrated.team.care@healthwise.org.au</p> |