MENTAL HEALTH SERVICES
Supporting Recovery Self-Referral Form

HealthWISE
Creating Healthier Communities

Supporting Recovery (DFSV) is a free and confidential mental health program for people who have experienced domestic, family, or sexual violence recently or in the past and are now in a safe and stable place. If you live in the Moree, Narrabri, Gunnedah, Gwydir, Inverell, Glen Innes, Tenterfield, Armidale Regional, Walcha, Tamworth Regional or Liverpool Plains LGAs and this sounds like your experience, the Supporting Recovery Program may be able to help you.

We offer support tailored to your needs in the Supporting Recovery program, together with our partner Anglicare; whether you're an adult, child, or family member impacted by violence.

You're not alone, the Supporting Recovery team is here to walk alongside you on your recovery journey.

HealthWISE is not a crisis service. If you are currently experiencing domestic violence and need crisis support, call 1800RESPECT (1800 737 732). If you are in immediate danger, call the police on 000.

Full name _____ **DOB** ___ / ___ / ___

Gender ☐ Male ☐ Female ☐ Non-binary ☐ _____ **Pronouns** _____

Address _____

Town _____ **Post Code** _____

Phone _____ **Medicare number** _____

Email _____ **Date** ___ / ___ / ___

Cultural Identity: **Aboriginal** ☐ Yes ☐ No **Torres Strait Islander** ☐ Yes ☐ No

Culturally and linguistically diverse (CALD) ☐ Yes ☐ No **Do you require an interpreter?** ☐ Yes ☐ No

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Preferred method of contact ☐ Letter ☐ Email ☐ Text message ☐ Phone call

How can we help?

Are you already supported by other agencies to help you?

PLEASE SUBMIT REFERRAL TO
email **mental.health@healthwise.org.au** or FAX **1300 452 059**
For more information phone **1800 931 540**

ABN 48 603 486 442

HealthWISE
T: 1800 931 540 **F:** 1300 452 059
E: mental.health@healthwise.org.au
W: www.healthwise.org.au